

## — LUNCH MENU —

### SOUPS & SALADS

#### CONCH CHOWDER – \$8

A Long Island favorite and a “Cape” specialty

#### FRESH CONCH SALAD – \$11

A true taste of the Bahamas, prepared fresh with local conch

#### CLASSIC CAESAR SALAD – \$9

Fresh cut romaine lettuce, homemade Caesar dressing, our “Johnny” cake croutons, avocado & grated parmesan cheese

#### PEAR & BLUE CHEESE SALAD – \$11

Fresh Bartlett pear, glazed walnuts, crumbled blue cheese, served with homemade balsamic vinaigrette

#### LONG ISLAND LOBSTER SALAD – \$16

Grilled lobster tail, hearts of palm, fresh cherry tomatoes, cucumber, avocado, served with pineapple mango salsa & sesame vinaigrette

#### SEASAME CRUSTED AHI TUNA SALAD – \$14

Seared Ahi tuna sliced & served on a bed of fresh spinach, mango, citrus segments, avocado, drizzled with citrus vinaigrette

### FRESH FROM THE OVEN

#### PIZZA MARGHERITA – \$13

Fresh roma tomatoes, mozzarella cheese & fresh basil leaves

#### DELUXE PIZZA – \$14

Rich tomato sauce, pepperoni, Italian sausage, onions, green peppers, black olives, grated cheddar & mozzarella cheese

#### MEAT LOVERS PIZZA – \$14

Homemade bolognese sauce, pepperoni, ham, Italian sausage, bacon, topped with mozzarella cheese

#### CALIFORNIA PIZZA – \$16

Tiger shrimp, garlic butter, sun dried tomatoes, fresh basil pesto, crumbled feta cheese

All menu selections are subject to 15% gratuity

## **OFF THE GRILL**

THE GREAT "CAPE" BURGER – \$13

THE "CAPE" VEGGIE BURGER – \$13

BLACKENED CHICKEN SANDWICH – \$14

Grilled blackened chicken breast, topped with our homemade avocado salsa

GRILLED GROUPER SANDWICH - \$15

Grilled grouper filet, finished with a splash of fresh lime, served with homemade tartar sauce

All burgers & sandwiches are served on a toasted bun with mayo, lettuce, sliced tomatoes, red onion, dill pickles & served with your choice of french fries or tossed salad. Add cheese, bacon or sautéed mushroom for \$1. each

## **CASUAL PLATES**

THE CLUBHOUSE SANDWICH - \$13

Served on homemade bread, stacked high with sliced turkey, double smoked bacon, lettuce, sliced tomatoes, avocado, mayo & served with french fries or tossed salad

CHICKEN QUESADILLA - \$14

Flour tortilla filled with grilled chicken breast, sweet bell peppers & red onions, topped with cheddar cheese & served with our homemade salsa, guacamole & sour cream

TUNA PLATE - \$13

Tuna salad served with your choice of tossed salad, Caesar salad, or Bahamian mac n' cheese

## **FROM THE BAHAMIAN KITCHEN**

CONCH BURGER - \$14

Homemade conch patty, breaded & fried lightly golden brown, served on a toasted bun with Calypso sauce, lettuce, sliced tomatoes, red onion, dill pickles & served with french fries or tossed salad

GROUPER FINGERS - \$15

Citrus marinated grouper fingers battered & fried, served with french fries, fresh coleslaw & our homemade tartar sauce

CHICKEN SOUSE - \$13

A traditional recipe of the Bahamas! Chicken wings & drumettes, potato, onion, celery, all cooked in a seasoned citrus chicken broth & served with our homemade "Johnny" cake or a fresh roll

Caesar Salad ~ Bahamian Coleslaw ~ Potato Salad ~ Mac n' Cheese \$3/order

All menu selections are subject to 15% gratuity