



CAPE SANTA MARIA
BEACH RESORT
LONG ISLAND, SOUTH BAHAMAS

Lunch

Starters

Conch Chowder	12
house made chopped vegetables tomato base potatoes	
Coconut Shrimp	19
coconut crusted & fried marmalade sauce	
Local Conch Salad (gf)	13
chopped vegetables orange squeeze	
Classic Caesar Salad (gfo)	15
house made dressing shredded parmesan johnny cake croutons	
CSM Salad (gf)	17
artisan greens cucumber tomato hearts of palm avocado red onion honey citrus yogurt dressing	
Melon & Feta Salad (gf)	16
artisan greens feta cheese cantaloupe cucumber basil honey citrus yogurt dressing	
Long Island Lobster Salad (gf)	36
local poached lobster artisan greens hearts of palm cherry tomatoes avocado cucumber balsamic vinaigrette	

Salad Additions

5 Shrimp Skewer (gf)	14	Grilled Chicken Breast (gf)	8
Grilled Local Grouper (gf)	15	Avocado (gf)	4
Grilled Flat Iron Steak (gf)	14	Bahamian Mac & Cheese	8

Bowls

Red Curry Shrimp Bowl	26
house made curry recipe coconut milk white rice sautéed vegetable	
Tuna Poké Bowl	28
avocado cucumber red onion white rice sesame soy dressing	
Bahamian Chicken Souse	16
citrus chicken bone broth poached chicken wings potato onion celery house made johnny cake	

Fish & Chips

Cracked Conch & Chips 21

locally sourced conch | coleslaw | tartar sauce

Grouper Fingers & Chips 22

house made crack breading | coleslaw | tartar sauce

Cracked Lobster & Chips 36

locally sourced lobster | crack breading | coleslaw | tartar sauce

Hand Helds

hand helds include lettuce, tomato, onion, mayonnaise

served with a choice of fries or salad

substitute: **Caesar Salad 3**

The Great Cape Burger (gfo) 22

house made beef patty | fried plantain | cheddar cheese

double smoked bacon | brioche bun

Cracked Chicken Burger 21

house made crack breading | calypso sauce | brioche bun

Grilled Grouper Burger (gfo) 23

locally sourced grouper | tropical fruit salsa | tartar sauce

brioche bun

Garden Vegetable Burger (gfo) 19

avocado | feta cheese | brioche bun

Cajun Chicken Wrap (gfo) 21

blackened & grilled chicken | avocado | salsa fresca | lettuce | tomato

onion | warm flour tortilla

Fish Tacos (gfo) 21

blackened grouper | shredded cabbage | avocado | salsa fresca

chipotle sour cream | flour tortillas

Beach House Sandwich (gfo) 21

sliced turkey | double smoked bacon | avocado

idella's toasted white bread

BLT Sandwich (gfo) 15

double smoked bacon | house made toasted white bread

(gf) gluten friendly

(gfo) gluten friendly option available

All menu selections are subject to 15% service charge and 10% VAT